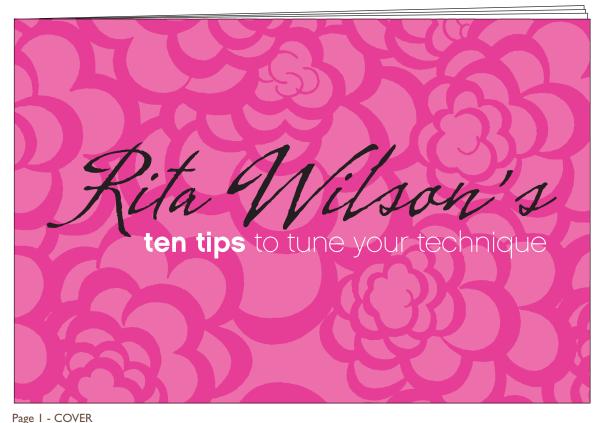
**RITA WILSON** 10 FASHION TIPS 10/10/08





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Booklet prints in MAGENTA & BLACK



I. If you haven't worn

something in over a year,

get rid of it.

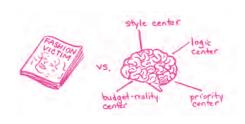


Donate, sell, or give it away. Think of it as "losing weight." You will feel so much lighter without ever having to diet.

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2. Erust your personal, style.



3. Your haircut and color tell people a lot about you.

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Be true to yourself while being in fashion. If this advice makes you feel uncomfortable your waistband is too tight.

A good haircut can be as liberating as removing your bra at the end of the day. If you color your hair professionally, find the best colorist you can. If you can afford it, spend the extra money, so you don't look like Rainbow Sherbet. You're worth it.

vs.

5. It's normal to fear altercations, but not alterations.

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I dress from the floor up. Feet first. If you wear heels, wear ones that do not torture. If you choose to suffer the stilettos, think of them as a dual purpose P.P.D. (Personal Protection Device). If anyone attacks you, defend yourself by making him wear them.

Think about it: How can one size 10 fit every size 10 woman in America? Something's gotta give and it is probably your waistband, hem, armhole or chest. For a small amount of money, an alteration gives you a "couture" piece, made just for you. This rule can also apply to items already in your closet but not the clothing you're giving away from Item #1 on this list.



6. There are one thousand stylish things you can wear while traveling...



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that have nothing to do with shorts, a baseball cap, a baggy collared shirt, running shoes with socks, a ponytail and a fanny pack. If there is ever legislation proposed to ban these items from the suitcases of traveling Americans, I will be its spokesperson.

I. If you travel a lot, have a packed toiletries bag ready to go.



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Don't go crazy trying to find the right size shampoo bottles at the last minute. Packing toiletries and makeup is as stressful as removing your shoes at the security check while keeping an eye on your computer, purse, belt, and keys. Is wearing stilettos considered carrying a weapon?

8. Simplify
your makeup
if you wear makeup.

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All you need is foundation, a black pencil liner, a brown shadow, black mascara, a cream blush, a translucent powder, one natural lip liner, a sparkly lip gloss and three shades of lipstick (pinkish, natural and a red). I hope you didn't take a nap during that list. But that is all you'll ever need and it can fit in your purse. Every time you buy a new version of any of the above, with your freshly painted lips, kiss your old ones goodbye.

9. Enjoy new bedclothes once a year.



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Even though you think no one sees you, YOU see you. Get rid of the "broken in" faded black sweats and t-shirt you bought three years ago. "Vintage" does not apply to P.J.s.



RITA WILSON 10 FASHION TIPS



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I am always aware of how blessed I am to be living in this era, in the United States of America, surrounded by the people I love, who love me. I say a prayer of thanks every day. The perfect accessory to wear with gratitude is a smile.



RITA WILSON is a film and stage actress, producer and writer. In film, Rita has appeared in Sleepless in Seattle, Runaway Bride, Jingle All the Way, Now and Then, The Story of Us and The Chumscrubber. On stage, Rita played Roxie Hart in Chicago on Broadway, and in LA starred in the world premiere of

**Distracted**, as well as the Pulitzer Prize-winning **Dinner With Friends**. Rita produced **Mamma Mia! The Musical** starring
Meryl Streep, as well as **My Big Fat Greek Wedding**, the highest-grossing independent film of all time.

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